• Aims of counselling

• Aims of counselling

**UNIT : EMPLOYEE COUNSELING**

**SEMESTER: September – December, 2023**

**CODE : HRM 3104**

**Course Content**

* Background of workplace counseling
* Definition and importance of counseling
* Steps incounseling
* Counseling verses coaching and guidance
* Counseling skills; Basic skills, Other skills, role playing, role reversal, story- telling and assertive training
* Theories of Counseling
* Self concept and Personal Development
* Ethics in Counseling:- Ethical guidelines and principles, ethics at work-place
* Counselor responsibility and competence, confidentiality
* Application of Counseling at Workplace
* Stress and stress management
* HIV/AIDS counseling at work- place, work separation